



— FOUR-PART LIVE SEMINAR · 2026

SPORTS DOG CONDITIONING SEMINAR SERIES

Targeted preventative conditioning for sports dogs.

WHEN & WHERE

- **4 × 1.5-hour sessions**
September 20 & 27 · October 4 & 11
- **Dogs Queensland Showgrounds**
Durack, QLD

WHO SHOULD ATTEND

- Open to all breed club members and their dogs
- Sprint Dog, obedience, rally, or general soundness and longevity
- No prior conditioning experience needed

WHAT TO EXPECT

- Warm-up and cool-down routines
- Preventative work to offset postural strain from prolonged heel work
- Targeted conditioning for strength and injury resilience
- Practical hands-on coaching to take home

PRESENTED BY

DR MONTANA REDFERN

BVSc · CCRP (University of Tennessee) · MANZCVS – Sports Medicine & Rehabilitation (Canine) · PgCert (Veterinary Biomechanics)

Registered veterinarian and sports medicine specialist who competes in agility and scentwork with her own dogs.